



Horsham Youth Centre Bike Skills Park Acceptance of Risk Information

Hurst Road, Horsham, RH122DN

Please read all of the information below and ensure you have ticked the box on our membership system for your son/daughter to be able to ride.

Without this your son/daughter will not be permitted to ride.

ACCEPTANCE OF RISK AND SAFETY BRIEFING (Riding and Spectating)

Mountain Biking is recognised as an activity with a significant risk of danger of personal injury or death.

Your son/daughter is about to take part in a high risk activity. They will reduce the risk by following the safety rules and instructions from our staff and using the mountain bike and equipment check list.

If they do not follow the safety rules and advice they will increase the likelihood of a serious accident which could prove fatal. It is your responsibility to ensure that your son/daughter adhere to our safety rules, if you are not comfortable with this or have any questions please speak with a member of our staff team.

- I understand that Mountain Biking is dangerous and includes substantial obstacles, which can be physically testing. I accept that there is a risk of injury and death when undertaking such activities.

- I agree to check my bike and equipment as per the Mountain Bike and Equipment Checklist at the start of the day, before each run and after any crash.

- In the event of an accident, or loss or damage to my personal effects, I acknowledge that 4TheYouth Ltd, its employees, officers, officials or agents, its sponsors and any associated parties will not be liable for any direct or indirect loss, damage or injury arising from or in connection with the activities (except for death or Personal Injury caused by the company's negligence).

- The risk of injury from the activities involved at HYC Bike Skills Park could be significant, especially if riding our airbag jump. While following guidance, use of correct equipment and personal discipline may reduce this risk, the risk of serious injury or death does exist.

All participants knowingly and freely assume such risks, both known and unknown, and assume full responsibility for their participation and for having and using the appropriate safety equipment. We do not accept any responsibility for other participant's failure to comply with these rules other than due to our negligence. Our staff will NOT allow you to ride without the correct equipment (safety helmet, appropriate shoes, suitable bike etc)

- I understand that 4TheYouth Ltd do not assess any participant's skill levels, abilities, competency or the suitability of the activities for use by them.

- 4TheYouth Ltd reserves the right to refuse admission to any person on any grounds. Anyone who is intoxicated or under the influence of drugs shall not be permitted to participate, they will be banned from our site and the police may be called.

- Any abusive, dangerous, rude or anti-social behaviour will not be tolerated and may lead to the participant(s) being removed from our centre, receiving a fine for any damage/or a ban.

- I give permission for medical assistance to be administered to my son/daughter for whom I am completing this declaration in the case of an accident or in an emergency.

- I agree that in case of a life-threatening injury where the ambulance response time is deemed too slow (by our first aiders or advice from the ambulance service via a 999 call) to being taken to A&E by 4TheYouth Staff. (Parent/Carer will always be contacted).

- All riders under 18 years of age must prove their parent or legal guardian's consent by completion of our acceptance of risk on our membership system.
- Read and adhere to all advice signs while using our Bike skills area.
- It is your responsibility to ensure your equipment is fit for purpose, if we believe it is not you will not be permitted to ride.

WEATHER

In the event of adverse weather our MTB skills park will be closed.

Adverse weather includes, but is not limited to, thunder and lightning, snow/ice, freezing temperatures, extreme wind (over 35 MPH) and heavy rain.

We will continue in light rain, but if conditions worsen we may close early.

Photography and Video

Please also note that we may take photographs and or videos of you/your son/daughter using our services. These pictures or videos may be used on our social media sites, website and for usual publicity purposes including leaflets, local or national press etc. If you would prefer not to be in any pictures or videos please let us know.

Suitable Bikes and Bike Check List

Some of our jumps, equipment is challenging and demanding on both bike and body.

Therefore, only Mountain Bikes, jump bikes or BMX bikes are permitted to be used. Hybrid bikes, E Bikes, gravel bikes etc are not permitted on safety grounds.

Before riding always inspect your equipment or have it checked by a qualified bike mechanic, and check for any damage after each run and especially after a crash however minor. Do not ride on damaged equipment.

I understand that wearing a helmet that meets standard EN1078 as a minimum and is less than three years old is compulsory at ALL TIMES and that we highly recommend you wear a full face helmet.

- Inspect bike frame and forks for cracks, damaged or dented areas.
- Ensure you have sufficient brake pads to stop your bike, two working brakes are mandatory, and we highly recommend disc brakes for improved control.
- Front and rear axles (quick release or bolt through type) should be tight.
- Headset and stem must be secure with no looseness or play.
- Tyres should be at least 1.5" wide with off-road tread. Check that your tyres are in

good condition, with plenty of tread and no cuts or abrasions in the sidewall and that rims show no cracks or signs of weakness, all spokes should be tight and intact.

- Handlebar and handlebar grips must be tight and unable to spin. Handlebars must have bar end plugs (or grips that fully enclose the end of the bars) installed.
- Seat and seatpost need to be fastened securely and dropper seatposts checked that they are functioning correctly.
- Check pedals are secure and do not have excessive play. Pedals with Toe Strap fastenings are not permitted to be used.
- Suspension should be in good working order with no leaks or loose parts.

Please Note: If a member of the 4TheYouth team deems your bike or safety equipment to be unsafe they will prevent you from riding.